A DAILY SEA

Day 1 - 19th March 2020

For whatever we lose (like a you or a me), it's always ourselves we find in the sea.

E. E. Cummings extract from maggie and milly and molly and may

Day 2 - 20th March 2020

Even castles made from sand fall to the ocean.

Jimi Hendrix extract from Castles Made of Sand

Day 3 - 21st March 2020

The sea, once it casts its spell, holds one in its net of wonder forever.

Jacques Cousteau

Day 4 - 22nd March 2020

The sea surges up with laughter, and pale gleams the smile of the sea-beach. Death-dealing waves sing meaningless ballads to the children, even like a mother while rocking her baby's cradle. The sea plays with children, and pale gleams the smile of the sea-beach.

Rabindranath Tagore extract from On the Seashore

Day 5 - 23rd March 2020

If the ocean can calm itself, so can you. we are both salt water mixed with air.

Nayyirah Waheed

Day 6 - 24th March 2020

It's silly not to hope. It's a sin he thought.

Ernest Hemingway extract from The Old Man and the Sea

Day 7 - 25th March 2020

One does not paint a landscape, a seascape, a figure. One paints an impression of an hour of the day.

Édouard Manet

Day 8 - 26th March 2020

Some of us are afraid of dying; others of human loneliness. Profane was afraid of land or seascapes like this, where nothing else lived but himself.

Thomas Pynchon

Day 9 - 27th March 2020

Men go abroad to wonder at the heights of mountains, at the huge waves of the sea, at the long courses of the rivers, at the vast compass of the ocean, at the circular motions of the stars, and they pass by themselves without wondering.

St. Augustine

Day 10 - 28th March 2020

There is one spectacle grander than the sea, that is the sky; there is one spectacle grander than the sky, that is the interior of the soul.

Victor Hugo

Day 11 - 29th March 2020

The sea,--Something to look at When we are angry.

Reiko Chiba Invite Tranquility

Day 12 - 30th March 2020

The sea, the snotgreen sea, the scrotumtightening sea.

James Joyce extract from Ulysses

Day 13 - 31st March 2020

There is a pleasure in the pathless woods, There is a rapture on the lonely shore, There is a society, where none intrudes, By the deep Sea, and music in its roar: I love not Man the less, but Nature more,

Lord Byron extract from Childe Harold's Pilgrimage

Day 14 - 1st April 2020

So that the monotonous fall of the waves on the beach, which for the most part beat a measured and soothing tattoo to her thoughts seemed consolingly to repeat over and over again.

> Virginia Woolf extract from To the Lighthouse

Day 15 - 2nd April 2020

The sea has neither meaning nor pity.

Anton Chekhov

Day 16 - 3rd April 2020

Day after day, day after day, We stuck, nor breath nor motion; As idle as a painted ship Upon a painted ocean. Water, water, every where, And all the boards did shrink; Water, water, every where, Nor any drop to drink. The very deep did rot: Oh Christ! That ever this should be! Yea, slimy things did crawl with legs Upon the slimy sea.

Samuel Taylor Coleridge extract from The Rime of the Ancient Mariner

Day 17 - 4th April 2020

It's hard to tell the difference between sea and sky, between voyager and sea. Between reality and the workings of the heart.

> Haruki Murakami extract from Kafka on the Shore

In bad times, innovation can occur in habits of mind as well as in new technologies. The frightening COVID-19 pandemic may be creating such a change now-by forcing many of us to slow down, to spend more time in personal reflection, away from the noise and heave of the world. With more quiet time, more privacy, more stillness, we have an opportunity to think about who we are, as individuals and as a society. Habits of mind and lifestyle do not change easily. Without noticing, we slowly slip into the routines of our lives, like becoming so accustomed to living on a noisy street that we cannot remember our previous neighborhood and a time of silence. Some powerful force must strike to awaken us from our slumber. Now we have been struck. We have a chance to notice: We have been living too fast. We have sold our inner selves to the devil of speed, efficiency, money, hyperconnectivity, "progress."

Alan Lightman extract from article in The Atlantic

Day 19 - 6th April 2020

Let's swim to the moon Let's climb through the tide Surrender to the waiting worlds That lap against our side.

Jim Morrison extract from Moonlight Drive

Day 20 - 7th April 2020

It is a beauteous evening, calm and free; The holy time is quiet as a nun Breathless with adoration; the broad sun Is sinking down in its tranquillity; The gentleness of heaven is on the sea: Listen! the mighty Being is awake, And doth with his eternal motion make A sound like thunder -everlastingly. Dear child! dear girl! that walkest with me here, If thou appear untouched by solemn thought Thy nature is not therefore less divine: Thou liest in Abraham's bosom all the year, And worshipp'st at the Temple's inner shrine, God being with thee when we know it not.

William Wordsworth It is a beauteous evening, calm and free

Day 21 - 8th April 2020

A lot of people attack the sea, I make love to it.

Jacques Yves Cousteau

Day 22 - 9th April 2020

You are the moon, dear love, and I the sea: The tide of hope swells high within my breast, And hides the rough dark rocks of life's unrest When your fond eyes smile near in perigee. But when that loving face is turned from me, Low falls the tide, and the grim rocks appear, And earth's dim coast-line seems a thing to fear. You are the moon, dear one, and I the sea.

> Ella Wheeler Wilcox Moon and Sea

Day 23 - 10th April 2020

It's the battle of life – the turbulence of the sea. I have been fond of the sea all my life, how wonderful it is, yet how terrible it is. [...] It's all there. It's all in the sea. The Battle of Life is there. And Fate. And the inevitability of it all. And the purpose.

LS Lowry

Day 24 - 11th April 2020

Little islands are all large prisons; one cannot look at the sea without wishing for the wings of a swallow.

Sir Richard Francis Burton

Day 25 - 12th April 2020

Who spread out the earth upon the waters, His love endures forever.

Psalm 136:6

Day 26 - 13th April 2020

The sea has never been friendly to man. At most it has been the accomplice of human restlessness.

> Joseph Conrad extract from The Rescue

Day 27 - 14th April 2020

I do not know what I may appear to the world, but to myself I seem to have been only like a boy playing on the sea-shore, and diverting myself in now and then finding a smoother pebble or a prettier shell than ordinary, whilst the great ocean of truth lay all undiscovered before me.

Isaac Newton

Day 28 - 15th April 2020

Day is ended, dim my eyes, But journey long before me lies. Farewell, friends! I hear the call. The ship's beside the stony wall. Foam is white and waves are grey; Beyond the sunset leads my way. Foam is salt, the wind is free; I hear the rising of the Sea.

J.R.R. Tolkien extract from Bilbo's Last Song

Day 29 - 16th April 2020

I grew up with the sea, and poverty for me was sumptuous; then I lost the sea and found all luxuries gray and poverty unbearable.

Albert Camus

Day 30 - 17th April 2020

I am longing to be with you, and by the sea, where we can talk together freely and build our castles in the air.

> Bram Stoker extract from Dracula

Day 31 - 18th April 2020

I must down to the seas again, to the lonely sea and the sky, And all I ask is a tall ship and a star to steer her by, And the wheel's kick and the wind's song and the white sail's shaking, And a grey mist on the sea's face, and a grey dawn breaking.

> John Masefield extract from Sea Fever

Day 32 - 19th April 2020

To me, the sea is like a person--like a child that I've known a long time. It sounds crazy, I know, but when I swim in the sea I talk to it. I never feel alone when I'm out there.

Gertrude Ederle

Day 33 - 20th April 2020

I started Early – Took my Dog – And visited the Sea – The Mermaids in the Basement Came out to look at me –

Emily Dickinson extract from I started Early – Took my Dog

Day 34 - 21st April 2020

I turn my back and look out to sea, the sun so low and molten that my eyes fill with tears, and yet I can feel it: a cooler wind is coming in, the edge of evening approaching. Dusk is gathering along the coast, in the coves and quaysides and marinas, where in an hour or so the long strings of coloured bulbs will twinkle and sway; and then it will pass over us-like a visitation: a plague or a blessing.

> Harriet Lane extract from Her

Day 35 - 22nd April 2020

How inappropriate to call this planet Earth when it is quite clearly Ocean.

Arthur C. Clarke

Day 36 - 23rd April 2020

Look at that sea, girls--all silver and shadow and vision of things not seen. We couldn't enjoy its loveliness any more if we had millions of dollars and ropes of diamonds.

> Lucy Maud Montgomery extract from Anne of Green Gables

Day 37 - 24th April 2020

Like a curtain slowly drawn It stops suddenly half open, Or, like grief itself, filled with gentle hope, It becomes lighter in the shore-less dark, Thus the moon barely wanes Winding her way above the storm-tossed sea. Stand upon this hill and behold endlessly This scene of a formidable sea, And it will seem to thee a waking dream.

J.M.W Turner extract from J.M.W. Turner's Poem dedicated to Ivan Aivazovsky

Day 38 - 25th April 2020

People travel to wonder at the height of the mountains, at the huge waves of the seas, at the long course of the rivers, at the vast compass of the ocean, at the circular motion of the stars, and yet they pass by themselves without wondering.

Augustine of Hippo

Day 39 - 26th April 2020

There was a magic about the sea. People were drawn to it. People wanted to love by it, swim in it, play in it, look at it. It was a living thing that was as unpredictable as a great stage actor: it could be calm and welcoming, opening its arms to embrace its audience one moment, but then could explode with its stormy tempers, flinging people around, wanting them out, attacking coastlines, breaking down islands.

Cecelia Ahern

Day 40 - 27th April 2020

The voice of the sea speaks to the soul.

Message on a memorial plaque, Brighton

Day 41 - 28th April 2020

Consider the subtleness of the sea; how its most dreaded creatures glide under water, unapparent for the most part, and treacherously hidden beneath the loveliest tints of azure. Consider also the devilish brilliance and beauty of many of its most remorseless tribes, as the dainty embellished shape of many species of sharks. Consider, once more, the universal cannibalism of the sea; all whose creatures prey upon each other, carrying on eternal war since the world began.

> Herman Melville extract from Moby Dick

Day 42 - 29th April 2020

I had fought on behalf of man against the sea, but I realized that it had become more urgent to fight on behalf of the sea against men.

Alain Bombard

Day 43 - 30th April 2020

I looked upon the sea, it was to be my grave.

Mary Shelley extract from Frankenstein

Day 44 - 1st May 2020

If suddenly the whole workers of the whole world disappear then the whole world will stop! Let us all realise this and let us celebrate the workers - these great people who make our world move!

Mehmet Murat ildan

Day 45 - 2nd May 2020

What are heavy? sea-sand and sorrow. What are brief? today and tomorrow. What are frail? spring blossoms and youth. What are deep? the ocean and truth.

> Christina Rossetti What Are Heavy?

Day 46 - 3rd May 2020

Where are your monuments, your battles, martyrs? Where is your tribal memory? Sirs, in that gray vault. The sea. The sea has locked them up. The sea is History.

> First, there was the heaving oil, heavy as chaos; then, like a light at the end of a tunnel,

the lantern of a caravel, and that was Genesis. Then there were the packed cries, the shit, the moaning:

Exodus.

Derek Walcott extract from The Sea is History

It keeps eternal whisperings around Desolate shores, and with its mighty swell Gluts twice ten thousand caverns, till the spell Of Hecate leaves them their old shadowy sound. Often 'tis in such gentle temper found, That scarcely will the very smallest shell Be moved for days from where it sometime fell, When last the winds of heaven were unbound. O ye! who have your eyeballs vexed and tired, Feast them upon the wideness of the Sea; O ye! whose ears are dinn'd with uproar rude, Or fed too much with cloying melody, – Sit ye near some old cavern's mouth, and brood Until ye start, as if the sea-nymphs quired!

> John Keats On the Sea

Day 48 - 5th May 2020

To step over the low wall that divides Road from concrete walk above the shore Brings sharply back something known long before— The miniature gaiety of seasides. Everything crowds under the low horizon: Steep beach, blue water, towels, red bathing caps, The small hushed waves' repeated fresh collapse Up the warm yellow sand, and further off A white steamer stuck in the afternoon— Still going on, all of it, still going on!

> Philip Larkin extract from To the Sea

Day 49 - 6th May 2020

How still, How strangely still The water is today, It is not good For water To be so still that way.

Langston Hughes extract from Sea Calm

Day 50 - 7th May 2020

I have sailed the ancients seas to come to the bones of Megatherium.... The thing I want to father most is the rarest, most difficult thing of all. Though knee-deep in these rivers of innocent blood, I want to be - a decent animal.

> Philip Appleman extract from Darwin's Ark

Day 51 - 8th May 2020

Love dances under mountains where never the waves fall her arms are columns of memory o spell this wilful liberty for sailors clad in weed how can she ever be proud? tell these tears like beads for airmen bridling the sky their faces are broken cloud and bind up the branches of slaughter for soldiers in shackles of water whose scythe flows over history? whole armies march under seas' crumpled up horizon my eyes are drowned in dice a whirlwind strikes owls freeze swords fall out of the sun "who'll carves the rose from the ice?" in a helmet plumed with fountains the hero shouts in the hall.

> J. F. Hendry A Letter To The Moon

Day 52 - 9th May 2020

Invisible, your clocking tides Break on the lovebeds of the weeds; The weed of love's left dry; There round about your stones the shades Of children go who, from their voids, Cry to the dolphined sea.

Dylan Thomas extract from Where Once the Waters on Your Face

Day 53 - 10th May 2020

The North Light gone in a smoke of sea-spray, its stone still riding in and out of sight; the frayed pennons and bannerets of the tide-crests all that is visible now, in the haar-light and the shoaling rain.

Robin Robertson extract from Sea-Fret

Day 54 - 11th May 2020

Isn't it shocking how he speaks for her? His thin voice wavering across the restaurant she'll have the cod artichoke bake.

A giggle of bubbles comes from behind them: a fish tank curtained with seagrass where a seahorse is tying itself to one of those slim, tweedy forms

like a hand shaping itself inside another's the way my hand tucks into his like a difference pretending it's not.

> Isabel Galleymore Seahorse

Day 55 - 12th May 2020

If you are strong... Rescue me from this ocean For I don't know how to swim The blue waves...in your eyes drag me...to the depths blue... blue... nothing but the color blue and I have no experience in love...and no boat...

Nizar Qabbani extract from Letter From Under The Sea

Day 56 - 13th May 2020

Now, voyager - once resigned Go forth to seek and find The hazy days you left behind Right there in the back of your mind Where lucid dreams begin With rolling dunes and rattling shale The shoreline then a swollen sail Picked out by a shimmering halo That's where the sea comes in...

Dr John Cooper Clarke extract from Nation's Ode to the Coast