

UK HOMES • TRAVEL • FOOD • PROPERTY • GARDENS • HEALTH & BEAUTY

coast

NOVEMBER 2009 £3.99

Living by the sea

*memories
are made of this*

- * WAKE UP TO A SEA VIEW
- * WALK A FROSTY COASTAL PATH
- * TAKE TEA IN A GRAND HOTEL

FIND YOUR DREAM HOME
*Light, airy and seconds from
the beach*

WHEN WE WERE YOUNG

*Suggs, Carol Ann Duffy and
Mark Hix's seaside childhoods*

**AUTUMN
SEASIDE
BREAKS**

21 pages of walks,
jaunts and things to do

PLUS: CORNISH PASTIES • A WEEKEND IN CLEETHORPES • BUY A SEASIDE POSTER



Switched on

That go-ahead Cornish furniture manufacturer, Mark, launched its new range of products at this year's 100% Design show in London. This Spin Lamp by Tomoko Azumi, with its collapsible shade, low-energy bulb and general grooviness, grabbed our attention (markproduct.com).



Early surfer Hobart Braddick (left) on a North Devon beach in the early 1900s

GET ON BOARD

Exciting news arrives from the putative Museum of British Surfing: it has received charitable status. This gives a boost to plans to turn what was a travelling exhibition into a permanent shrine to all things surf. North Devon District Council has approved planning permission for a purpose-built museum in Braunton and, if all goes to plan, this will open in summer 2010. Credit is due to the museum's founder, Peter Robinson, who is making this happen. It will house various pieces of British surfing memorabilia, including 150 surfboards (some more than 100 years old) and cine film of surfers in Cornwall on a home-made wooden longboard in 1929. For more information and a history of British surfing, visit thesurfingmuseum.org.uk.

I-SPY BY THE SEASIDE: SEABIRDS

Marine expert ROGER COVEY recommends shoreline wildlife to look out for this month

WHY NOW? The start of winter weather is a signal for a variety of birds to flock to our comparatively mild estuaries from chillier, more northern climes.

WHAT SHOULD I LOOK OUT FOR? This is a great time for twitchers, who will be able to spot knots (left), dunlins, sandpipers and sanderlings, which are all around our shores this month.

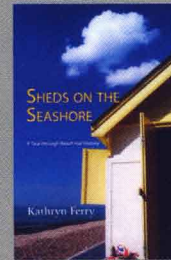


WHERE CAN I FIND THEM? Head to an estuarine bird hide (for

local details, check rspb.org.uk or wildlifetrusts.org.uk). Going to a popular hide means that you can get useful tips from expert birders, who are able to help identify species and explain their behaviour – always a useful supplement to a good bird book. Try to arrive at the hide as the tide is rising – birds will then crowd onto the shrinking mudflats, increasing the spectacle and bringing them closer to simplify the identification. Settle down with a good pair of binoculars and enjoy the varied plumage patterns and behaviour.

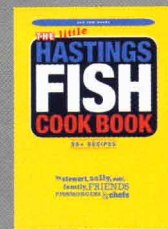
* BEACH READS

This month, keep beside your deckchair:



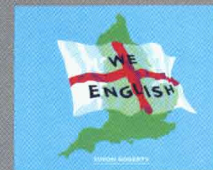
SHEDS ON THE SEASHORE
By Kathryn Ferry
(Independence Publishing, £12.99)

A fascination for beach huts has taken Kathryn Ferry on an odyssey around the British coast (see our feature in *coast*, August 2009), from Seaton Carew to Southwold, recording the huts she finds and the people she meets. The result is part historical account, part travelogue, consistently entertaining and peppered with anecdotes. An excellent account of these most idiosyncratic of British buildings.



THE LITTLE HASTINGS FISH COOK BOOK
(Sea Saw Books, £5)

This little book by new independent publishers Sea Saw Books is packed with tasty fish recipes provided by Hastings residents, fishmongers and chefs. The aim is to promote the town's fishing fleet, which it does with mouthwatering dishes trawled from enthusiastic locals and line drawings by Stewart Walton, one of the three collaborators behind the project. To order a copy, call 01424 436764.



WE ENGLISH
By Simon Roberts
(Chris Boot, £40)

A handsome book chronicling the English at play outdoors, often in coastal locations, taken on a large-format camera. Even the scruffiest bunch of daytrippers becomes transformed into something still, beautiful and timeless by the superb quality of the photography.